


East Haddam Senior Center JUNE 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1. 8:15 Pilates 10:30 Mah Jongg Inst. 12:00 B.P. Clinic	2. 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	3. 8:15 Pilates 9:00 Casino 10:00 Coloring 1:00 Cornhole/ Wii	4. 9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg. 10-12 Computer Help	5. 8:15 Pilates 1:00 Game Day
8. 8:15 Pilates 1:00 Club Mtg. 1:30 Chatham Health Prestn.	9. 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Crmwl 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	10. 8:15 Pilates 10:00 Coloring 1:00 Cornhole/ Wii	11. 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help	12. 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
15. 8:15 Pilates 1:00 Movie	16. 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	17. 8:15 Pilates 10:00 Coloring TBD Red Hats 1:00 Cornhole/ Wii	18. 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 Arts & Crafts	19. 8:15 Pilates 1:00 Game Day
22. 8:15 Pilates 12:00 Senior Resources “Food Safety” Presentation	23. 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Wtfrd. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	24. 8:15 Pilates 8:30 Mystery Brkfst. 10:00 Coloring 1:00 Cornhole/ Wii	25. 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 BINGO	26. 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
29. 8:15 Pilates	30. 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg			* SATURDAY * JUNE 13TH SENIOR CENTER PICNIC 12:00—2:00pm